
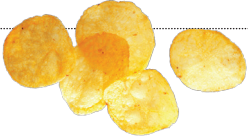

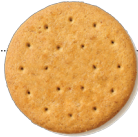

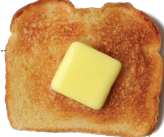










# SNACK AND TREAT CALCULATOR\*

## For dogs

Let's give our dogs the healthy love they need

 <b>30g PIECE OF CHEESE</b> <b>170</b> KCAL = <b>7 km</b> RUN UP MUDDY HILL	 <b>1/2 BAG OF CRISPS</b> <b>90</b> KCAL = <b>9 km</b> RUN	 <b>50g SAUSAGE</b> <b>150</b> KCAL = <b>7.5 km</b> RUN UP HILL
 <b>1 WHOLEMEAL BISCUIT</b> <b>70</b> KCAL = <b>7 km</b> RUN	 <b>1/2 SLICE WHITE UNBUTTERED TOAST</b> <b>40</b> KCAL = <b>20 min</b> RUN IN THE PARK	 <b>1/2 SLICE WHITE BUTTERED TOAST</b> <b>80</b> KCAL = <b>8 km</b> RUN
 <b>25g HAM</b> <b>40</b> KCAL = <b>20 min</b> RUN IN THE PARK	 <b>28g LEAN ROAST BEEF</b> <b>50</b> KCAL = <b>1 hour</b> WALK AND RUN	 <b>30g ROAST LAMB</b> <b>70</b> KCAL = <b>7 km</b> RUN
 <b>1 CARROT OR 1/4 APPLE</b> <b>10</b> KCAL = <b>10 min</b> WALK	 <b>20g CHICKEN</b> <b>20</b> KCAL = <b>2 km</b> WALK AND RUN	 <b>PRO PLAN® LIGHT BISCUIT</b> <b>31</b> KCAL = <b>15 min</b> PLAY WITH BALL

ENERGY INTAKE

DAILY ACTIVITY

\* Average based on 15 kg dog